



CAREERS NEWSLETTER

MONDAY MARCH 2 2026

Miss Chase Osland



Head of Vocational Education
& Careers

If you or your child have any questions about Vocational Education and Training, Work Experience or Career pathways, you can [book an appointment](#) on the RGS Careers Website.

[RGS Careers Website](#)

You can also find lots of valuable information including upcoming events and current job opportunities on the website.

Important Dates:

Year 12 students should take note of important dates:

- Mar 3: UCAT bookings open
- May 15: UCAT bookings close
- Jul 1 – Aug 5: UCAT testing window



Year 12 students aiming for medicine should begin preparing for the UCAT if they have not already done so.

Those in younger years should [explore the medical entry process](#)

For a full 2026 cycle breakdown, see our [medical entry timeline](#)

Free Student Resources

- [Medical Entry Handbook](#) providing an overview of the medical entry process
- [Full length diagnostic UCAT Exam](#) with feedback



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CAREERS WORK EXPERIENCE



Defence Work Experience Programs (DWEP)

The Defence Work Experience Program (DWEP) is a national Youth Program that provides young Australians with an interest in a Defence career, the opportunity to gain exposure to a range of job roles available within Defence and the Australian Public Service. Defence work experience activities are designed to be hands on and interactive so that young people can make informed career decisions.

The program is aimed at students that have a genuine interest in a Defence career, demonstrate a high level of personal responsibility, focus, self-discipline and maturity.

SQLD DWEP PROGRAMS	PROGRAM DATES	APPLICATION CLOSING DATE
Air Force Familiarisation - RAAF Base Amberley	23 - 25 March 2026	11:30PM, 15 Feb 2026
Army Aviation Familiarisation - Swartz Barracks	24 - 26 March 2026	11:30PM, 15 Feb 2026
Army Familiarisation - Gallipoli Barracks	30 March - 1 April 2026	11:30PM, 15 Feb 2026
Indigenous Youth Program - RAAF Base Amberley	20 - 22 April 2026	11:30PM, 15 March 2026
Army Familiarisation - Gallipoli Barracks	27 - 29 April 2026	11:30PM, 15 March 2026
Air Force Familiarisation - RAAF Base Amberley	18 - 20 May 2026	11:30PM, 05 April 2026
Women in Aviation - RAAF Base Amberley	7 - 11 June 2026	11:30PM, 26 April 2026
Women in Aviation - RAAF Base Amberley	14 - 18 June 2026	11:30PM, 26 April 2026
Army Familiarisation - Gallipoli Barracks	22 - 24 June 2026	11:30PM, 10 May 2026
Army Aviation Familiarisation - Swartz Barracks	23 - 25 June 2026	11:30PM, 10 May 2026

Places are limited and students are strongly encouraged to submit complete and considered applications as soon as possible to avoid disappointment. We work alongside ADF Units to bring students a valuable experience with serving personnel and therefore unforeseen changes to operational commitments may result in a placement being changed, postponed and/or cancelled at short notice.

Please monitor the [DWEP website](#) for updates on the program and to apply. Any questions regarding the work experience programs within South QLD can be forwarded to the South QLD Work Experience Program email address sqld.workexperience@defence.gov.au.



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CAREERS WORK EXPERIENCE

GAIN EXPERIENCE!



2026 Opportunities for Year 10, 11 and 12

Students may undertake a maximum of 30 days work experience per year. Placements are subject to availability, with each application considered carefully; however, only some applications are successful. Many quality work experience providers are fully booked out early in the year so those students leaving requests until close to the application due date may miss out due to lack of available places. Students that source their own work experience placement are more likely to proceed. The Secondary School Office may assist students that are unsuccessful sourcing their own placement.

Not all employers provide work experience opportunities and are not required to do so. Similarly, some employers offer very limited work experience and/or expressions of interest are called for once per year. The following work experience dates outline when applications must be submitted by, as well as the dates available for placement. Please adhere to these dates to avoid disappointment.

2026 Work Experience Dates

- Term 1**
 - 7 April – 17 April 2026 (school holidays) - **Year 10, 11 and 12**
Applications for this term are due on or before 3.50pm on **Friday 13 March 2026**
- Term 2**
 - 22 June – 26 June 2026 (last week of Term 2) – **Year 10 only**
NOTE: Work experience in the last week of term cannot be conducted on neighbouring properties.
 - 29 June – 13 July 2026 (school holidays) - **Year 10, 11 and 12**
Applications for this term are due on or before 3.50pm on **Friday 29 May 2026**
- Term 3**
 - 14 September – 5 October 2026 (school holidays) - **Year 10, 11 and 12**
NOTE: 100EP takes precedence over work experience.
Applications for this term are due on or before 3.50pm on **Friday 21 August 2026**
- Term 4**
 - 16 November – 24 November 2026 - **Year 10, 11 and 12**
NOTE: By application only by those with local SAT opportunity and in consultation with Head of Year and Head of VET. Students must attend Secondary School Speech Day on Wednesday 25 November.
 - 27 November – 4 December 2026 (school holidays) - **Year 10, 11 only**
Applications for this term are due on or before 3.50pm on **Friday 16 October 2026**

NOTE: This period covers the mandated WorkCover Insurance requirements for all schools; hence why all Work Experience placements must be pre-approved and documented by the School.

Work experience application forms are now electronic and available via the **Student Cafe and Parent Lounge**.

Applications are to be submitted to the SSO in person or via email workexperience@rgs.qld.edu.au. All work experience must be approved and organised a minimum of 3 weeks prior to starting.

Please review the Frequently Asked Questions, and direct work experience queries to Miss Chase Osland 07 4936 0660 or workexperience@rgs.qld.edu.au.



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WORK EXPERIENCE

Work Experience Opportunity – IT & Digital Technology (15-19 June)

CQ University will be running a Work Experience Program at CQ University in IT and Digital Technology from Monday 15 June to Friday 19 June this year. This opportunity is open to Year 10 and Year 11 students who have an interest in technology or are considering a future pathway in the digital sector.

Expression of interest form has been provided to relevant year levels.

Work Experience - Rockhampton Regional Council

Offer a work experience program that provides students with on-the-job experience and the opportunity to explore career options. Students will be placed in their desired area of Council (if applicable) and will observe and learn throughout the work experience period.

The availability of work experience placements is dependent on Council's business requirements.

Eligibility

To be eligible for Council's work experience program you must be a:

- Secondary school student who is at least 14 years of age (16 if applying for the Zoo work experience program);

How to Apply

All applicants must complete the online application [Work Experience Application Form\(PDF, 315KB\)](#). Application forms must be submitted no later than four (4) weeks prior to the requested placement.

[Visit this link for more information.](#)



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ARMY INSIGHT DAY



Australian Government
Defence

Army Insight Day: Rockhampton Support Base

Service:	Army
Placement Location:	Rockhampton Support Base 68 Western Street, Rockhampton
Type of Placement:	Secondary
Start & End dates:	Wednesday 6 May 2026
Duration of Placement:	1 day: 8.00am – 3.00pm
Placement Limits:	15
Contact Officer:	Eleasha Callaghan nqld.workexperience@defence.gov.au
Closing Date:	11:30PM AEST, Wednesday 18 March 2026

Overview of Placement

The 31st/42nd Battalion, Royal Queensland Regiment (31/42 RQR) will be hosting a one-day Defence Work Experience Program at the Rockhampton Support Base.

Participants will learn about the career opportunities available in the Army Reserves, along with information about full time careers in the Australian Defence Force from general entry roles through to the benefits of completing qualifications such as a trade or a University degree with the support of the Australian Defence Force.

Participants will engage with a range of activities that will mirror training of the Battalion's soldiers and teams.

Students will learn about infantry capability, observe current Recruits undertaking training and ride in a Defence vehicle along with other exciting, hands-on activities.

Lunch will be provided, with participants given the opportunity to interact with soldiers from Recruit level to higher ranked and experienced full time members and Officers, gaining insight and mentoring into their valuable experiences during their part time and full time careers.

While a full time career in the Army is possible, students will hear from locals who choose to stay close to home in Central Queensland, working full time in various civilian roles while also having an enriching part time career in the Army Reserves.

Students will be fully supervised by friendly, supportive and qualified Defence Work Experience Program supervisors at all times.



[CLICK FOR MORE INFORMATION](#) [Defence Work Experience Programs \(DWEP\)](#)



CAREERS UNIVERSITY



Regional Medical Pathway Information Sessions

The Bachelor of Medical Science (Pathway to Medicine) welcomes school leavers, offering 20 places at both the CQUniversity Rockhampton and Bundaberg campuses. This innovative course ensures successful applicants a provisional direct entry pathway into The University of Queensland's Regional Doctor of Medicine program. Join us for an informative evening as we provide comprehensive details of the course. We'll cover everything from the application process to regional adjustment points and the benefits of studying and practising medicine in a regional setting. Featuring special guest speakers from CQUniversity and the University of Queensland.

Events

Bundaberg - Monday, 30 March, CQUniversity Bundaberg Campus
4.30 pm – 6.00 pm

Rockhampton - Wednesday, 1 April, CQUniversity Rockhampton Campus
4.30 pm – 6.00 pm

Online - Thursday, 2 April
4.30 pm – 6.00 pm

Registrations will open soon. For enquiries please contact [Future Students](#).



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The Future Doctors Australia Program is coming up in Brisbane!

[The Future Doctors Australia program](#) provides a unique, hands-on opportunity for students aged 14-18 who are passionate about a future in medicine. On the 2-5 July 2026 in Brisbane (Taringa) over the course of 4 days, participants will engage in dynamic sessions led by experienced medical specialists, take part in practical learning activities, and gain valuable insights into the medical admissions process. This program is designed to inspire and equip students with the knowledge and skills they need to succeed on their path to a medical career.

City	Date
Brisbane (Taringa)	2 - 5 July 2026
Perth (Innaloo)	9 - 12 April 2026
Perth (Innaloo)	16 - 19 July 2026
Melbourne (Docklands)	16 - 19 April 2026
Melbourne (Docklands)	24 - 27 Sep 2026
Sydney (Chatswood)	9 - 12 April 2026
Sydney (Chatswood)	16 - 19 April 2026

[Program Details](#) | [Fees](#) | [Enrolment Form](#)



The Good Universities Guide 2026 is LIVE! Learn all about universities, courses and careers in Australia with our latest guide

Good Universities Guide

Choosing a university just got easier with the Good Universities Guide 2026!

Find out all about universities, tertiary institutions, courses, careers and more with this in-depth digital guide to help future students stay informed for one of the biggest pathway decisions to be made.

If

[Good Universities Guide](#)



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CAREERS UNIVERSITY



Capricorn Mega Careers Expo
 Thursday 14 May
 9 am – 2 pm
 CQU Sports Centre

Proudly supported by



Save the date!

Students in Years 11, and 12 are encouraged to monitor school communications for details on how to register their interest in attending the Capricorn Mega Careers Expo.

Students who register their interest will be required to obtain parental consent.

RGS Parental Consent

Permission for this activity will be provided via the RGS Parent Lounge. Further instructions on how to complete this process will be communicated closer to the event date.

Capricorn Mega Careers Expo

14

May 2026

From To
9:00am 2:00pm AEST

Location
CQUniversity Community Sports Centre,
Rockhampton North
25/554-700 Yaamba Raod,
Norman Gardens QLD 4701

Who is this event for / type of event
Information Session

Join us at the Capricorn MEGA Careers Expo 2026

CQUniversity is excited to be partnering with Advance Rockhampton, Rockhampton Manufacturing Hub, and Workforce Australia to deliver the Capricorn MEGA Careers Expo in 2025.

The Capricorn MEGA Careers Expo is a free event, offering a unique opportunity for anyone interested in starting, changing, or upgrading their career, and is open to local schools and the general public. Bringing together a wide range of exhibitors including tertiary education institutes, apprenticeship and traineeship providers, resource and civil construction organisations, and an array of local businesses. It's your chance to engage with the future workforce.

To find out more about this event or register your business or school's attendance, email the [Future Students team](#).



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REGISTER NOW!

UNE Early Entry applications are now open.

Year 12 Students can complete their application via the following link:

https://study.une.edu.au/app/early_entry/applicant_portal

2026 UNE Open Day - Registrations now open

Open Day is an excellent opportunity for your students to learn more about Early Entry, explore course options and check out our amazing campus.

- Date: Friday 1 May 2026
- Location: UNE Armidale Campus

[UNE 2026 Open Day - Individual Registration Form](#)

2026 Key Dates**

- 2 February — Applications opened to students
- 1 May — UNE Open Day
- 27 April — Education Providers gain access to the School Review portal

Round 1

- 17 July — Applications close
- 31 July — Education Provider reviews due
- 1 September — Offers released

Round 2

- 14 September — Applications close
- 25 September — Education Provider reviews due
- 5 November — Offers released

**Dates subject to change





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CAREERS APPRENTICESHIPS



Connect 'n' Grow
A WORLD WHERE HEALTHCARE MEETS THROUGH QUALITY EDUCATION
RTO: 45519



Deadly Start
Program 2026

Enrolment Applications Now Open!

Enrol Now

Places are limited,
so secure your
students today, by
completing the
application form now!

The [Deadly Start Program](#) is more than a qualification, it's a culturally safe, school-based career pathway into the healthcare sector for Aboriginal and Torres Strait Islander students. If you have students who have completed an EOI they will need to complete this application.

Here's how it works:

Lay The Foundations (Semester 1, 2026)

Year 11 students complete the HLT23221 Certificate II in Health Support Services, laying the foundation with skills in communication, infection control, and workplace safety— all while studying for their QCE.

Earn while you Learn! (July 2025 – June 2026)

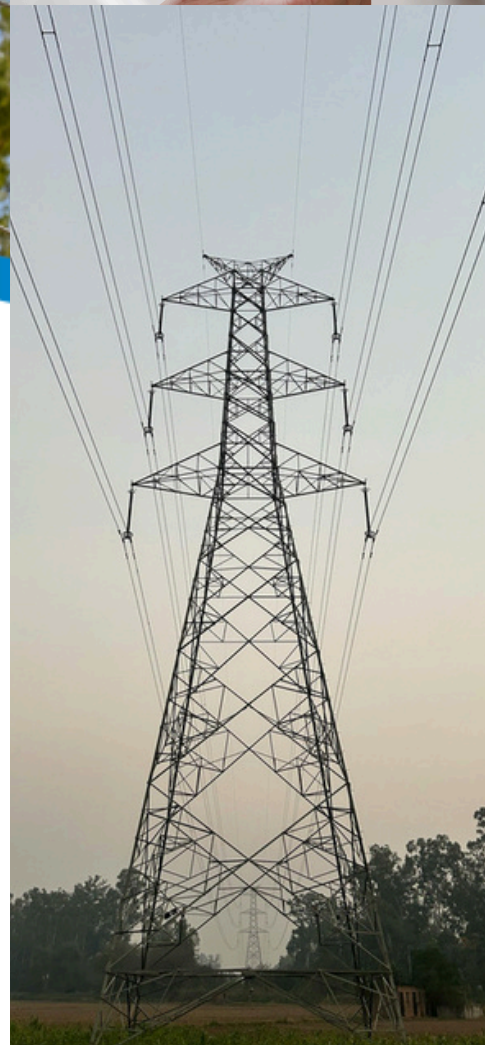
Eligible students transition into a paid school-based traineeship with Queensland Health, working 1 day per week at a local health facility while training toward their Certificate III in Health Services Assistance.

Throughout the 18-month program, students receive ongoing cultural mentorship and support, and are employed in real hospital settings across one of 16 Queensland Health and Hospital Services (HHSs), from Torres Strait Islands to the Gold Coast and everywhere in between.

For more details or to discuss how this program can benefit your students, please [contact us](#) at traineeships@connectngrow.edu.au or call 1300 283 662.



CAREERS APPRENTICESHIPS



Pathway to an apprenticeship for girls at Ergon Network and Energex

Are you in Year 10, 11 or 12 and curious about a career in the electrical industry?

Our **Girl Power Program** online info sessions are a great way to learn what it's really like to do an electrical apprenticeship with us.

Online sessions coming up:

- Tuesday 3 March, 10am - 11am
- Wednesday 4 March, 1pm - 2pm and
- Thursday 5 March 6:30pm – 7:30pm

The sessions cover firsthand stories from female apprentices and tradies, trades we offer, application process, testing and assessment requirements.

Immersion Days: Students may be invited to get hands-on with real tools, teamwork challenges, and live work environments.

See your **Careers Advisor/VET Coordinator** for more info.

ergon.com.au/careers | energex.com.au/careers

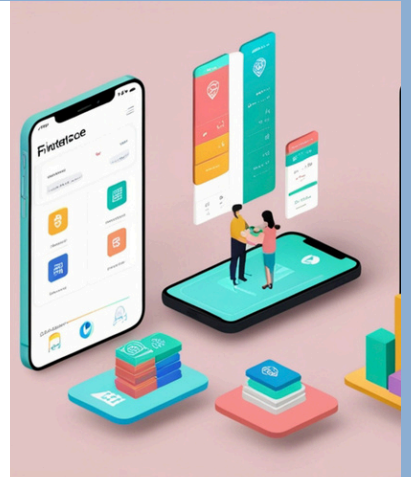




CAREERS

JOB SPOTLIGHT

Designing apps and websites isn't just about making things look good - it's about creating experiences that people love and understand.



What is a UX/UI Designer?

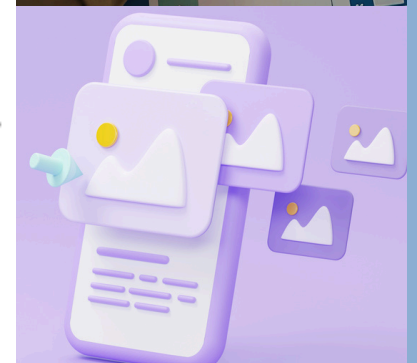
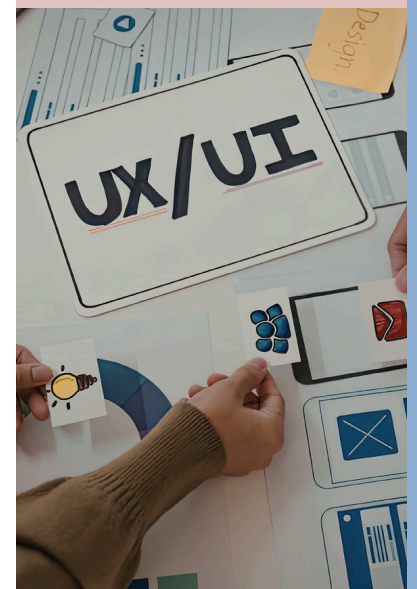
A UX/UI Designer focuses on how websites, apps and digital platforms look and feel. UX (User Experience) Designers make sure digital products are easy to navigate and meet users' needs, while UI (User Interface) Designers focus on layout, visuals, buttons and interactive elements. Together, they ensure technology is intuitive, engaging and effective. UX/UI Designers might work for tech companies, startups, banks, government agencies, or as freelancers creating apps, websites and software interfaces.

What skills and strengths are needed?

Strong problem-solving and creativity are essential, as designers need to find solutions that are both practical and visually appealing. Attention to detail helps when designing layouts, icons, or interactive elements. Communication skills are important because designers work closely with developers, clients and other stakeholders. Curiosity, adaptability and a willingness to learn new tools and trends are key, as the tech and design world changes fast. Empathy is also crucial, as understanding the user's perspective drives better designs.

What are the pathways?

- You can start with short courses in UX/UI, web design, or digital media. Many designers go on to study diplomas or degrees in design, interaction design, human-computer interaction, or digital media.
- Building a portfolio of projects such as website prototypes, app designs, or redesigns of existing platforms are essential. Internships, freelance work, coding clubs, or online design challenges help gain practical experience.
- Learning software like Figma, Adobe XD, Sketch, and keeping up with design trends can open doors to a creative, in-demand career in digital design.





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CAREERS OPPORTUNITY

MONDAY FEBRUARY 16 2026

CAPRAS GAME DAY HOSPITALITY PROGRAM

Providing local school students with industry accreditation, real world experience, and a clear pathway into hospitality employment.

- Capras funded online RSA course
- Capras polo supplied for work uniform
- On the job experience at Capras home games
- Complete a minimum of 3-5 shifts
- Receive employment recommendation letter
- Required age 15+ years old

APPLY NOW + MORE INFO



SCHOOL BASED TRAINEESHIPS AVAILABLE START YOUR CAREER IN HOSPITALITY

In partnership with CTA Training Specialists (RTO Code 31607), Zarraffa's Coffee is seeking students to undertake a School-Based Traineeship, where you can work, earn and learn all on the job!

- 🎯 QUALITY
- 💰 PAID TRAINING
- 🔄 FLEXIBLE
- 🚀 YOUR FUTURE

We're looking for hospitality superstars for the following stores:

ZARRAFFA'S COFFEE
NORTH ROCKHAMPTON



Nationally accredited courses

BSB30120
CERTIFICATE III
IN BUSINESS

How to register:
To register for the information session scan the QR Code below



For more information about this opportunity, please contact Jess Rampling from CTA Training Specialists: jessica@ctatraining.com.au 0427 654 418



Find your next opportunity!



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CAREERS EMPLOYMENT

Rockhampton Regional Council has officially launched a dedicated Careers Page.

We encourage parents and students aged 16 and over to monitor this page for updates on apprenticeships and traineeships, which offer excellent pathways to meaningful employment.

By following our Careers Page, you will gain access to:

- Current vacancies across Council
- Practical application and interview tips
- Insights into Council operations
- Inspiring staff stories and achievements

Please visit and share our Facebook page to help spread the word:

Click link to the Careers at Rockhampton Regional Council Facebook page [here](#).



CHALLENGING
REWARDING
POLICING
APPLY NOW

QUEENSLAND POLICE SERVICE
COMMUNITY SAFETY & CAREER EXPO



Meet police & emergency services at our family-friendly event!

Rockhampton PCYC
16 Bridge St, Rockhampton
Saturday, March 21
10AM to 1PM

REGISTER NOW



**Police
Recruit**
.qld.gov.au



CAREERS

ACTIVE VOLUNTEERING

CHC14015 Certificate I in Active Volunteering

In Year 10, all RGS students are required to undertake CHC14015 Certificate I in Active Volunteering. The total cost of this course is \$200 including the \$60 for HLTAID010 Provide basic emergency life support, which is a unit of competency within the certificate. The cost of CHC14015 Certificate I in Active Volunteering will be added to students' school fee accounts in 2026.

To enhance student success, the programme will now be delivered in block days throughout the year, and attendance on these days is required. A range of internal and external volunteering opportunities will be provided to assist students in completing the compulsory 20 hours before the end of the year.

The scheduled block days for the Certificate I in Active Volunteering are as follows:

Term 1 – Wednesday 1 April

Term 2 – Thursday 18 June

Term 3 – Thursday 3 September

Term 4 – Wednesday 11 November to Friday 13 November

VOLUNTEERS WANTED

Fitzroy Frogs Triathlon club

Roles include run course marshals, water stations, and finish line to support and encourage athletes who are aged 5 - 14 years in the Junior events, and 15 + in the Women's events.

When: Sunday 22 March

Time: 6am - 10am approx.

Where: WW2 Memorial Aquatic Centre (Southside pool) and surrounding area

Contact: Helen Wiltshire

Mobile: 0407 159 807

Email: frogstri@gmail.com

The Rockhampton Cattle Club 60th Anniversary Diamond Jubilee

Volunteers will be required to carry around platters of food or help serving customers and handling cash. Any students with an RSA would be greatly appreciated!

When: Saturday 16 May

Time: 5pm-11pm approx.

Where: Rockhampton Showgrounds Cattle judging ring and adjacent Cattle Club house.

Contact: Miss Osland

Email: VET@rgs.qld.edu.au