Career Tools

Career Exploration

Achieving Success

Lesson Outline

Date:		**Room:**	
Period:		**Class:**	

Equipment and resources:
Each student requires a computer/device with good internet access and earphones.

Accommodations and adjustments:

Achieving Success

Years 7 - 12

Duration: 40- 50 minutes

Summary

- Students define success through the eyes of many accomplished people and look at Robin Sharma's 8 types of success.
- They view case studies of successful Australians and understand the common traits for overcoming challenges and achieving goals.

Learning Intentions

- Understand that being successful comes in many forms
- Understand how successful people overcame challenges and identifying the personal attributes that helped them get to where they are now

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Student Success Criteria

- I can identify what success can look like in its many forms
- I can define what success is and how it could look in my future
- I can identify the personal attributes that help a person achieve success

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Curriculum Links

National

Australian Blueprint for Career Development	• Personal Management: Manage wellbeing, mental and physical health • Personal Management: Interact positively and effectively with others • Career Building: Make career enhancing decisions	
Australian Curriculum	Work Studies • Plan and implement strategies and processes to improve their learning and enhance the potential to realise their aspirations and personal wellbeing (ACWSCL005)	General Capabilities: • Critical and creative thinking • Personal and social • Literacy • Intercultural understanding

New South Wales

Work Education 7-10	• Identifies skills related to career development and managing transitions WE4-8
Work Studies Stage 6	• 8. Assesses influences on people's working lives • 9. Evaluates personal and social influences on individuals and groups
Industry Based Learning Stage 6	• 4.1 identify and appreciate the personal attributes that contribute to overall employability

Queensland

Career Education Short Course	• Understanding myself and Understanding the world of work: demonstrate knowledge and understanding of self, work practices and career development processes, and select, analyse and apply information related to work and career development

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Curriculum Links

Victoria

Careers Curriculum Framework	• 7.1 Recognise the importance of how behaviour and attitude affect personal performance • Other links: 10.2, 12.1
VCE VM WRS	• U1 O1: Identify and discuss likely employment growth areas using credible data and apply findings to develop strategies to improve future career prospects

Achieving Success

Lesson activity	Teacher Instruction
Introduction and log in **Slides 1-2**	• Outline to the students that the lesson is about defining success and looking at the personal traits that help successful people overcome their challenges. • Direct students to the school careers website to login to the student area. Select 'Career Exploration' and open the 'Achieving Success' module. • View and explain the learning intentions and success criteria.
Q1 Definition of success **Slides 3-5**	• Students watch a short clip of famous people who overcame challenges to reach success. • Students read a series of philosophical definitions of success authored by famous people then are asked to create own definition of success. Teacher cue: encourage students to imagine into their future and resonate with one of the famous people mentioned.
Q2 Types of success **Slide 6**	• Robin Sharma's 8 types of success are introduced to the students who must match the success type to the relevant description; inner success, physical success, family success, career success, economic success, community success, adventure success, impact success.
Q3 Habits and traits **Slide 7**	• Students view an infographic on the traits of successful people vs unsuccessful people. • Students are to reflect on three successful people they know and match a relevant success trait to each. *Teacher cue: have students think about people in their daily lives, e.g., teachers, community members, sport coaches, family members*

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Lesson activity	Teacher Instruction
Q4 The Thread **Slides 8-12**	• Students will select one of four successful Australians from 'The Thread' series as a case study; Jessica Watson OAM (youngest solo world sail at 16yrs old), Pat Rafter (former number world number 1 tennis player), Gerry Harvey (founder of retail king Harvey Norman), Fiona Wood (Plastic Surgeon, Australia's most trusted person). • Students are to respond to corresponding case study questions. They can do as many case studies as they like or as you direct. Teacher cue: remind students they can pause the video to answer the questions.
Summary **Slide 13**	• There are 7 key personal traits that contributed to the success of people in the case studies. Drive, motivation, self-discipline, positive outlook, self-belief, hardworking, persistent, goal setters, character, and conviction.

Slide 1 of 14

What is Success?

Start



Slide 2 of 14

Learning Intentions

- To understand that being successful comes in many forms
- To understand how successful people overcame challenges and identifying the personal attributes that helped them get to where they are now



Success Criteria

- I can identify what success can look like in its many forms
- I can define what success is and how it could look in my future
- I can identify the personal attributes that help a person achieve success

Previous Next

Slide 3 of 14

“If you have never failed, you never tried anything new.”



Text Transcription

Previous Next

Slide 3 of 14

“If

Text Transcription

Speaker 1 (00:06):

After being cut from his high school basketball team, he went home, locked himself in his room and cried. He wasn't able to speak until he was almost four years old, and his teacher said he would never amount to much was demoted from her job as a news anchor because she wasn't fit for television. Fired from a newspaper for lacking imagination and having no original ideas. At age 11, he was cut from his team after being diagnosed with a growth hormone deficiency, which made him smaller in stature than most kids his age. At 30 years old, he was left devastated and depressed. After being unceremoniously removed from the company, he started a high school dropout whose personal struggles with drugs and poverty culminated in an unsuccessful suicide attempt. The teacher told him he was too stupid to learn anything and that he should go into a field where he might succeed by virtue of his pleasant personality. Rejected by Decker Recording Studios who said, we don't like their sound. They have no future in show business. His first book was rejected by 27 publishers. His fiance died, failed in business, had a nervous breakdown, and was defeated in eight elections.

(02:30):

If you've never failed, you've never tried anything new.

Previous Next

Slide 4 of 14

Some definitions of success from famous people

"Too many people measure how successful they are by how much money they make or the people that they associate with. In my opinion, true success should be measured by how happy you are."
- Sir Richard Branson



Michelle Obama said of her husband - "For Barack, success isn't about how much money you make. It's about the difference you make in people's lives."
- First Lady of Ex. American President, Barack Obama



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Previous Next

Slide 5 of 14

Some definitions of success from famous people



"It is also nice to feel like you made a difference — inventing something or raising kids or helping people in need."
- Bill Gates – Founder of Microsoft



"Success is 1% inspiration, 99% perspiration."
- Thomas Edison – Inventor



"Success is going from failure to failure without losing enthusiasm."
- Winston Churchill – Ex. Prime Minister of Great Britain

Now, head down and answer Question 1 below.

Previous Next

Slide 6 of 14

Types of Success

We have learned that success isn't just measured in dollars, fast cars, mansions and jet setting around the world.

A world-class leadership expert who has worked with rock stars, royalty, billionaires and many celebrity CEOs, Robin Sharma, believes that there are 8 types of success that can be worked towards as personal goals.

Finding a balance across these success types will help you with finding happiness in your chosen career.

These success types are

1. Inner Success
2. Physical Success
3. Family Success
4. Career Success
5. Economic Success
6. Community Success
7. Adventure Success
8. Impact Success

See if you can match the success types to their descriptions in Question 2 below.

Previous Next

Slide 7 of 14

Successful Practices

There are personal habits and traits that can help us or prevent us from achieving personal goals.

If you want to be successful, you need to be able to embrace change, continuously learn and set goals.

On the flip side, unsuccessful people often hold grudges and think they know it all!

Have a look at the infographic on the traits of successful and unsuccessful people on the right:

Think about 3 successful people you know and then answer Question 3 below.



Previous Next

Successful Australians as Mentors

'The Thread', is a ten-part documentary series about ten well-known Australians achieving success in their field after overcoming personal obstacles and challenges.

We will not be watching the full series today, but on the next slide you will be able to read about 4 of these Australians and watch the videos about them.

You will then be asked to look at one of these people more closely and follow their journey as they achieved their own version of success.

Previous Next

Successful Australians as Mentors: Jessica Watson

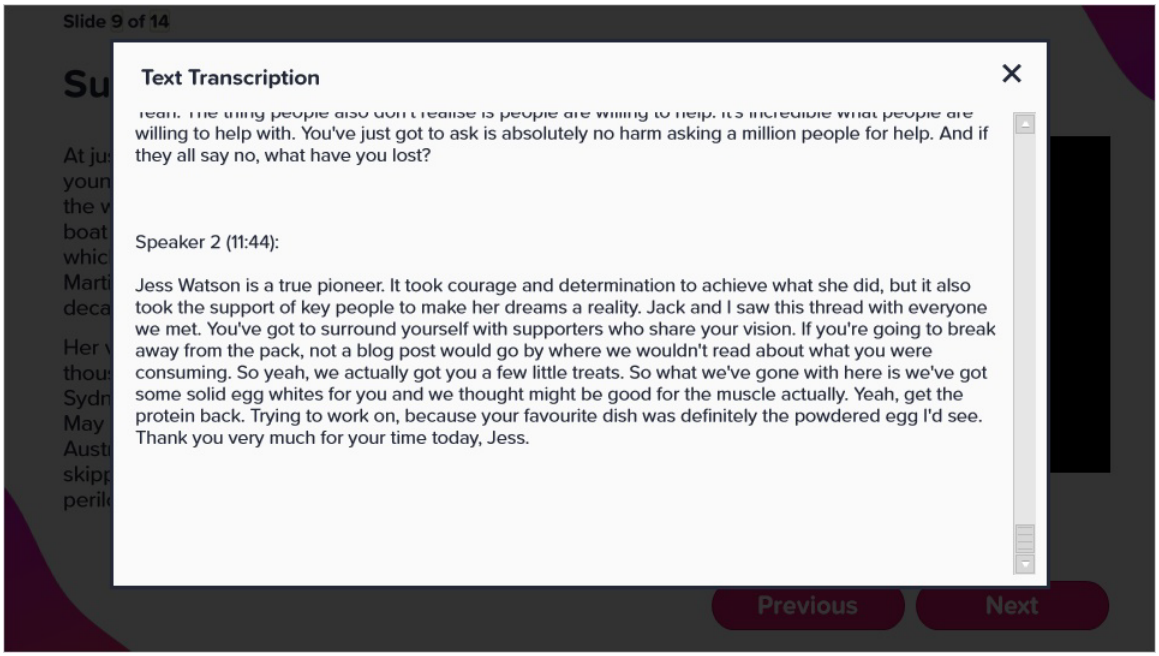
At just 16, Jessica Watson became the youngest person ever to sail solo around the world. She lived with her family on a boat between the ages of 9 and 14, during which time she was inspired by Jesse Martin, who sailed into the record books a decade earlier.

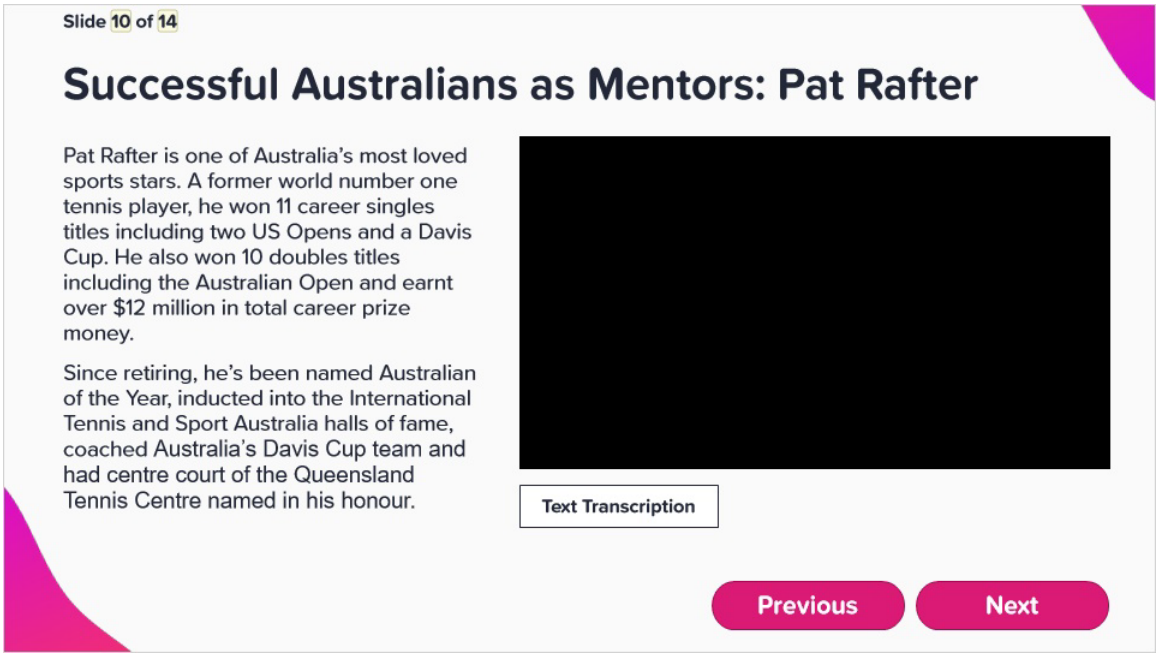
Her voyage inspired a nation, with thousands of adoring fans lining the Sydney Harbour to welcome her home in May 2010. Watson was named Young Australian of the Year and went on to skipper the youngest crew to finish the perilous Sydney to Hobart yacht race.

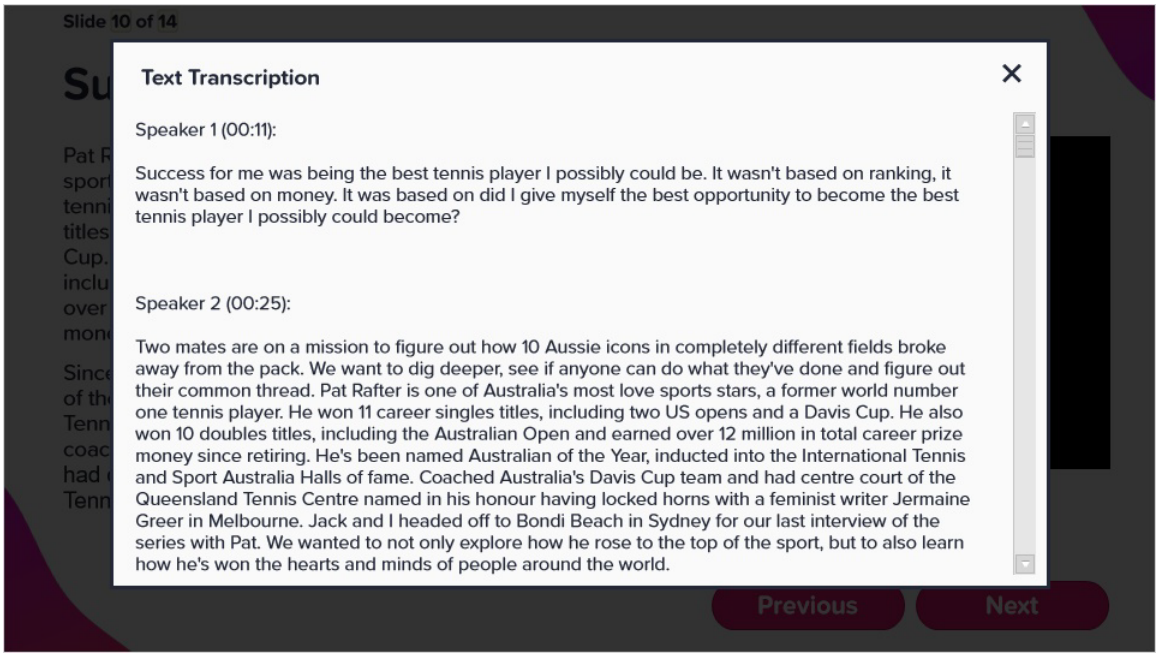


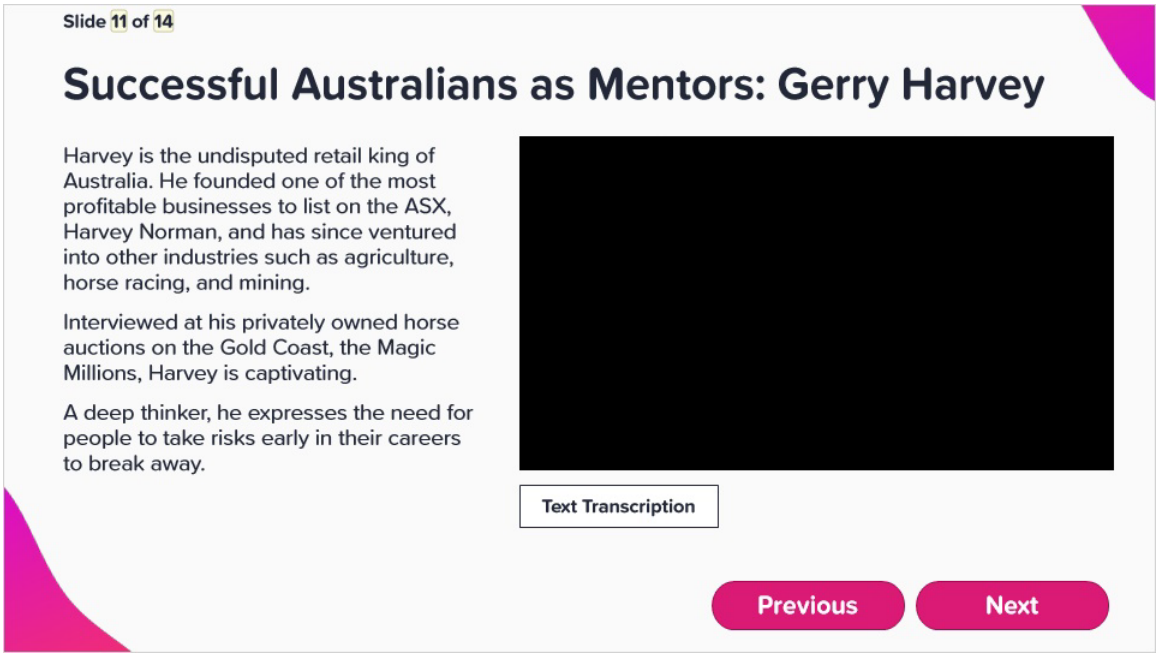
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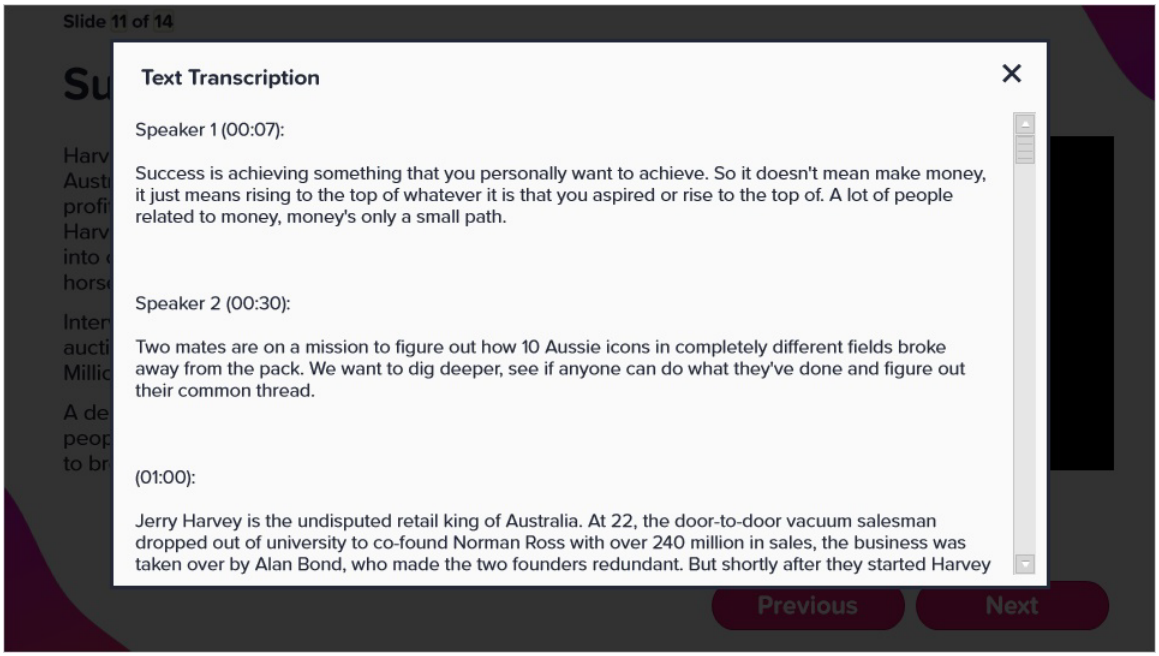
Previous Next

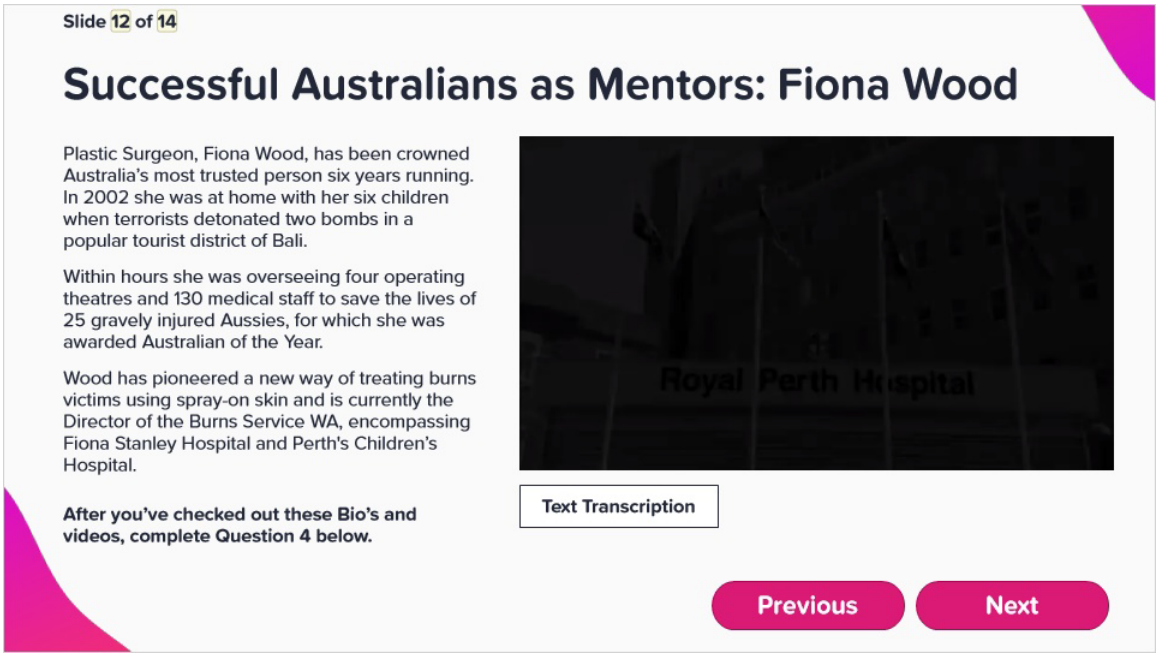

Slide 9 of 14
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willing to help with. You've just got to ask is absolutely no harm asking a million people for help. And if they all say no, what have you lost?
Speaker 2 (11:44):
Jess Watson is a true pioneer. It took courage and determination to achieve what she did, but it also took the support of key people to make her dreams a reality. Jack and I saw this thread with everyone we met. You've got to surround yourself with supporters who share your vision. If you're going to break away from the pack, not a blog post would go by where we wouldn't read about what you were consuming. So yeah, we actually got you a few little treats. So what we've gone with here is we've got some solid egg whites for you and we thought might be good for the muscle actually. Yeah, get the protein back. Trying to work on, because your favourite dish was definitely the powdered egg I'd see. Thank you very much for your time today, Jess.
Previous
Next

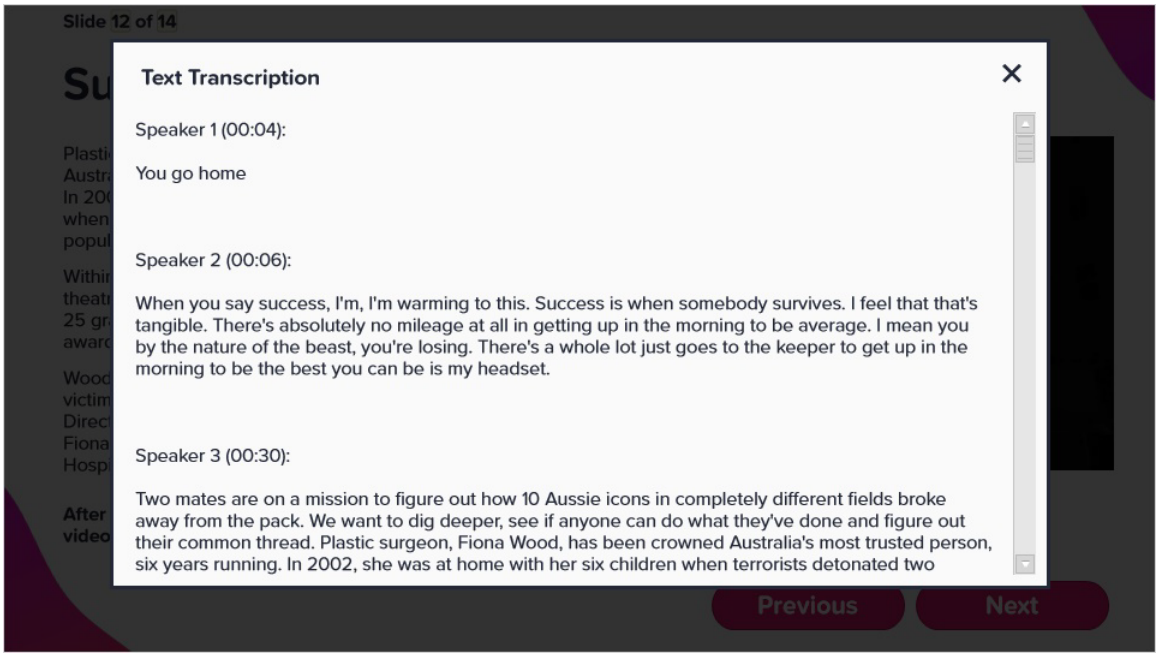

Slide 10 of 14
Successful Australians as Mentors: Pat Rafter
Pat Rafter is one of Australia's most loved sports stars. A former world number one tennis player, he won 11 career singles titles including two US Opens and a Davis Cup. He also won 10 doubles titles including the Australian Open and earnt over $12 million in total career prize money.
Since retiring, he's been named Australian of the Year, inducted into the International Tennis and Sport Australia halls of fame, coached Australia's Davis Cup team and had centre court of the Queensland Tennis Centre named in his honour.
Text Transcription
Previous
Next


Slide 10 of 14
Text Transcription
Speaker 1 (00:11):
Success for me was being the best tennis player I possibly could be. It wasn't based on ranking, it wasn't based on money. It was based on did I give myself the best opportunity to become the best tennis player I possibly could become?
Speaker 2 (00:25):
Two mates are on a mission to figure out how 10 Aussie icons in completely different fields broke away from the pack. We want to dig deeper, see if anyone can do what they've done and figure out their common thread. Pat Rafter is one of Australia's most love sports stars, a former world number one tennis player. He won 11 career singles titles, including two US opens and a Davis Cup. He also won 10 doubles titles, including the Australian Open and earned over 12 million in total career prize money since retiring. He's been named Australian of the Year, inducted into the International Tennis and Sport Australia Halls of fame. Coached Australia's Davis Cup team and had centre court of the Queensland Tennis Centre named in his honour having locked horns with a feminist writer Jermaine Greer in Melbourne. Jack and I headed off to Bondi Beach in Sydney for our last interview of the series with Pat. We wanted to not only explore how he rose to the top of the sport, but to also learn how he's won the hearts and minds of people around the world.
Previous
Next


Slide 11 of 14
Successful Australians as Mentors: Gerry Harvey
Harvey is the undisputed retail king of Australia. He founded one of the most profitable businesses to list on the ASX, Harvey Norman, and has since ventured into other industries such as agriculture, horse racing, and mining.
Interviewed at his privately owned horse auctions on the Gold Coast, the Magic Millions, Harvey is captivating.
A deep thinker, he expresses the need for people to take risks early in their careers to break away.
Text Transcription
Previous
Next


Slide 11 of 14
Text Transcription
Speaker 1 (00:07):
Success is achieving something that you personally want to achieve. So it doesn't mean make money, it just means rising to the top of whatever it is that you aspired or rise to the top of. A lot of people related to money, money's only a small path.
Speaker 2 (00:30):
Two mates are on a mission to figure out how 10 Aussie icons in completely different fields broke away from the pack. We want to dig deeper, see if anyone can do what they've done and figure out their common thread.
(01:00):
Jerry Harvey is the undisputed retail king of Australia. At 22, the door-to-door vacuum salesman dropped out of university to co-found Norman Ross with over 240 million in sales, the business was taken over by Alan Bond, who made the two founders redundant. But shortly after they started Harvey
Previous
Next


Slide 12 of 14
Successful Australians as Mentors: Fiona Wood
Plastic Surgeon, Fiona Wood, has been crowned Australia's most trusted person six years running. In 2002 she was at home with her six children when terrorists detonated two bombs in a popular tourist district of Bali.
Within hours she was overseeing four operating theatres and 130 medical staff to save the lives of 25 gravely injured Aussies, for which she was awarded Australian of the Year.
Wood has pioneered a new way of treating burns victims using spray-on skin and is currently the Director of the Burns Service WA, encompassing Fiona Stanley Hospital and Perth's Children's Hospital.
After you've checked out these Bio's and videos, complete Question 4 below.
Text Transcription
Previous
Next



Summarising Success

From viewing '*The Thread*' documentaries, we have learned about 7 key personal traits that contributed to their success:

1. They all had drive and motivation to get where they wanted to be.
2. Self-discipline was instrumental in reaching their goals.
3. A positive outlook helped them overcome their barriers to success, with self-belief in their actions
4. They are all Hardworking individuals, nothing came easily!
5. Persistence paid off by sticking it out to the end. They never gave up.
6. They never got complacent. They always set themselves new goals to work towards
7. They all had character and conviction and did not demean or undermine their support network who believed in their abilities.

Slide 14 of 14

Journey Complete!



You've now had the opportunity to learn about what 'work' is, how your school subjects really do teach you skills that you can use when you leave school and you have also been able to research different careers and career pathways.

You've also been able to think about careers of the future and how other people have approached their career journeys and their views of what 'success' is.

It's now time to take the next step and start preparing for work.

Previous Restart